

*Energy Healing Workshop  
Residential Retreat (2010)*  
*Exploring Energy Healing (2011)*

*2010-2011 Website Program Description*



This workshop focuses on enhancing healership on any level, valuable for those with no prior experience in energy healing modalities as well as those with many years of practice in multiple disciplines.

Using Hemi-Sync® technology, energy exercises, and group meditations, you will learn to tap into your own unique healing potential. Guided by Patty Ray Avalon, former graduate and faculty member of the Barbara Brennan School of Healing, residential facilitator at The Monroe Institute for the past 10 years, and practicing professional artist, the workshop offers an informative, supportive, and inventive workshop experience.

Based on the theory that energy, consciousness, and matter are interconnected, energy healing is a completely natural and vital process for everyone. In this course you will learn many different but interrelated activities and methods for tapping into healing support. You will come away with more tools, confidence and possibilities to move you into the next level of your own healing journey. and perhaps be inspired to pursue becoming a certified healer in the future.

In this weekend workshop you will learn:

- To access and sustain states of consciousness conducive to healing.
- To improve your high sense awareness (clairaudience, clairvoyance or clairsentience).
- To fine-tune your own energy systems, and raise and control your vibratory rates.
- To work with healing helpers in the non-physical realms.

There are many divergent methods and theories being used in the field of energy healing today, and we are now in a very exciting and creative era. Our higher guidance is always working within us to bring through the highest and finest possibilities for wholeness, happiness, and peace, especially in the realms of personal and planetary healing. Join us for a deep exploration of healing potential.

**While many of the Institute's programs and educational materials contribute to wellness, they are not intended to replace medical diagnosis and treatment. Because the effective benefits of programs and educational materials depend upon an individual's personal assimilation of the content, such are offered without expressed or implied warranties of any kind.**

- Prerequisite: none
- Register: [Energy Healing Workshop Registration](#)
- Very reasonably priced at: **\$495** (includes meals, lodging, seminar activities, and local transportation)